

2025 Overnight Camp Packing List

Clothes* (Note this is for a two-week session)

- 5-8 pairs of shorts
- 2 pairs of jeans or long pants
- 10-15 pairs of underwear
- 8-10 pairs of socks
- 8-10 t shirts
- 2 long sleeve t shirts
- 1 sweatshirt
- 1 nicer shirt
- 1-2 swimsuits
- 1-2 sets of pajamas
- 1 rain jacket or poncho

This list is just a recommendation. You know your camper best. If you think they will require less changes of clothing, please pack less!

*Campers should bring clothes which they don't mind getting dirty! Please remember that camp will still run in periods of light rain. To avoid lost articles, make sure all clothing and personal items are clearly labeled. If your camper loses something of significance, let our office know and we will do our best to locate it! Campers should come prepared with enough clothing to last for the entire session, as our ability to handle laundry in-session is limited to emergencies only

Do we need to buy a container for our camper's belongings? No! We always recommend sending your camper with whatever you already have/is easiest for them. We've seen large duffle bags, trunks, storage crates, and more!

Personal

- Hat
- Laundry bag
- Insect repellent
- Sunscreen
- Body Wash/Soap
- Shampoo
- Toothbrush
- Toothpaste
- Other Toiletries

For the Cabin

- 1-2 pillow and pillowcase
- Sleeping bag or blankets/sheets
- 2 large towels (1 for swimming, 1 for showers)
- Stuffed animal

For your feet: blisters are one of the quickest ways to derail an otherwise great camp experience!

- A pair of well-fitting close-toed shoes for active games and general daily wear
- A pair of well-fitting waterproof boots or an extra pair of shoes
- A pair of water shoes*, sturdy sandals, crocs, or old tennis shoes (slides or sandals work great for the showers or in the cabin, but a sturdier pair of water shoes will make the rocky waterfront a much more pleasant experience for your feet)

*Water shoes are highly recommended for Camp Abnaki's shale waterfront for both swimming and boating.

Don't forget

- Flashlight or headlamp
- Water bottle
- An extra towel
- Your camp imagination!

Optional

- Musical instruments
- Card games, Magic the Gathering cards, Pokémon cards
- Paper, pen/pencil
- Pre-addressed stamped envelopes
- A camera
- Books
- A backpack

Please do not bring

- Cell phones or electronics of any type. With the exception of cameras, we are a technology-free camp. Cell phones, tablets, e-readers, are not allowed. Cell phones with camera capabilities are not permitted to be used as cameras, even if the other capabilities of the phone have been turned off!
- Pocket knives, hatchets, axes
- Firearms
- Fireworks
- Lighters
- Water guns
- Water balloons
- Bicycles
- Gum, candy, or soda
- Drugs, alcohol, or tobacco

**To view the packing list for the Adirondack Adventure Trip,
[CLICK HERE!](#)**